



How to Choose your meal plan.

Choose one of the menu items in this brochure, all generous portioned meals cost \$7.50, or ask for a customized meal of your choice.
(Prices may vary)



Mitchell Lodge

Completed in 1992, this Dining Hall seats 200 people. Dining room with large windows provides a beautiful view. Camp staff will work with you to design a menu that suits the dietary needs and wants of your group. Delicious menus are chosen by the group. Buffett or Family style meal service is available. Large meeting or



Pinewoods Retreat



Center

at Camp Miller



2009 MENU

Custom to fit your group's
Individual needs

YMCA Camp Miller
89382 E. Frontage Road
Sturgeon Lake, MN 55783
Direct: 218-372-3188
Camp Office: 218-722-4745 ext. 181
camping@duluthymca.org

BREAKFAST

All breakfast items include choice of Cold Cereal & Fresh Fruit and Milk/Coffee/Tea/ Orange Juice/Apple Juice

Continental Breakfast

Hot Oatmeal or Cream of Wheat
Assorted Bagels w/ spreads
Cinnamon Rolls

Campers' Meal

Buttermilk Pancakes
Sausage

Sturgeon Lake Breakfast

Scrambled Eggs w/ cheese
Or Quiche (veggie or Meat)
Bacon
Muffins & Bagels

Mt. Climbers Breakfast

French Toast w/fruit topping
Sausage

Mitchell Lodge McMuffins

English Muffins or Biscuit
Egg
Sausage Pattie



LUNCH

All Lunch items include Fresh Fruit & Dessert and Milk/Coffee/Tea

Picnic Basket

Assortment of Fresh Bread/Subs
Ham/Turkey/Roast Beef/Cheese
Lettuce/Tomato/Pickle

South of the Lake Special

Beef Tacos w/ all the trimmings
Refried Beans

Warm the Heart Lunch

Homemade Chili w/cheese & Sour Cream, Crackers, and Corn Bread

All American Favorite

Hamburger, Chicken Burger or Fish Burger
Lettuce/Tomato/Pickles/Cheese

Summer Camp Favorite

Grilled Ham & Cheese Sandwich
Tomato Soup w/ crackers
Fresh Vegetables w/dip

On the Lighter Side

Grilled Chicken
Chef's Salad Bar

Simply Scrumptious

French Dip Sandwiches
Thin Sliced Beef/Au Jus/Rolls
French Fries or Baked Potato

DINNER

All dinners include choice of Dessert and Milk/Coffee/Tea

Hawaiian Luau

Pineapple Ham
Oven Roasted Herb Potatoes
Cole Slaw or Mixed Vegetables

Home Cookin' Dinner

Beef Roast
Potatoes & gravy w/ Carrots

Harvest Dinner

Baked Chicken or Roasted Turkey
Mashed Potatoes and Gravy or Stuffing
Green Beans w/almonds

Homemade Italian

Lasagna Vegetable or meat or Spaghetti
Bread Sticks or French Bread

South of the Lake Dinner Special

Taco Salad w/ all the trimmings
Refried Beans

Italiano Bene

Chicken Fettuccine Alfredo
Asparagus, Bread Sticks

